

# GOFAR

Granting Opportunities For All Refugees  
by supporting Refugee Workers

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The transformative power of education and training was fully displayed during the recent **Learning, Teaching, Training Activity (LTTA1)** on Capacity Building: Supporting Refugees. Held in Finland from 22nd to 28th April 2023, this remarkable event brought together organisations dedicated to positively impacting the lives of refugees.

Led by Inclusio Oy(Finland), in collaboration with the Intercultural Youth Dialogue Association IYDA e.V. (Germany) and INNOVATION FOOTPRINT (Greece), the LTTA1 aimed to equip participants with the necessary tools to support refugees in their integration journey effectively. Through a comprehensive program, attendees delved deep into interdisciplinary approaches, fostering intercultural communication and challenging stereotypes.

Over five inspiring days, participants explored thematic modules designed to enhance their skills and broaden their understanding of refugee support. The activities were thoughtfully structured to provide a balanced blend of theoretical knowledge and practical insights. Here are some highlights from each day:

## Day 1: Arrival and Introduction

The LTTA1 commenced with a warm welcome as participants from diverse backgrounds came together. Icebreaker activities fostered a sense of camaraderie, while presentations showcased the partner organisations' important work. It set the stage for an engaging and collaborative learning environment.

## Day 2: Psychosocial Support

This day focused on the critical aspect of psychosocial support for refugees. Participants gained valuable insights into practical techniques and approach through role-playing activities and discussions. Presentations on Psychological First Aid (PFA) provided essential knowledge for supporting refugees' mental well-being.

## Day 3: Intercultural Communication

Enhancing intercultural communication skills was the key objective of this day. Engaging in interactive activities such as "Bafa Bafa" and "The Paper's Ball," participants experienced firsthand the challenges and importance of effective cross-cultural communication. These activities helped break down barriers and fostered a deeper appreciation for cultural diversity.

## Day 4: Stereotypes

Challenging stereotypes was the central theme of the fourth day. Through thought-provoking activities and a presentation on unconscious bias, participants examined their preconceived notions and explored strategies to promote inclusivity. Exercises like the Implicit Association Test (IAT) and the Privilege Walk fostered meaningful discussions on privilege, equality, and social justice.



## Day 5: Sharing Experiences and Best Practices

The final day focused on sharing experiences and best practices among participants. Group discussions allowed for a rich exchange of insights and lessons learned. An evaluation session provided valuable feedback to enhance future endeavours further. A social media workshop also empowered participants to leverage digital platforms for spreading awareness and building inclusive communities.



The success of the LTTA1 was made possible by the dedication and tireless efforts of Inklusio Oy, IYDA e.V., and INNOVATION FOOTPRINT. Their commitment to promoting refugee well-being and integration is truly commendable. The active participation and enthusiasm of the attendees further contributed to the event's overall success.

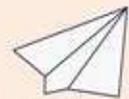


As we reflect on the transformative power of education and training, we are reminded of each individual's vital role in building a more inclusive and accepting society. The LTTA1 has equipped participants with the knowledge, skills, and empathy to support refugees in their integration process. Through their collective efforts, these dedicated individuals will undoubtedly positively impact the lives of countless refugees, fostering a brighter and more harmonious future for all.



## The partnership

The European partnership is made up of the following organizations:



**Intercultural Youth Dialogue Association IYDA e.V.**

Germany



**Inklusio Oy**

Finland



**INNOVATION FOOTPRINT**

Greece